# Common Mistakes by Asian Medical Writers

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### Introduction

- US-born graduate of US medical school
- Professor at The Jikei University, Tokyo
- 20 years' experience editing in Japan
- Seen every kind of mistake
- 5 common mistakes made by Japanese authors

### 1. Abbreviations

#### **Abstract: Are these abbreviations OK?**

We report on a 82-y.o. man with HCC. The PMHx included DM, COPD, HTN, and poor QOL. Laboratory tests, including RT-PCR, ELISA, and HPLC for HIV, HBV, and HCV, were negative. Levels of ALT, AST, and CRP were normal. CT, MRI, and X-P confirmed a diagnosis of HCC. Treatment with 5-FU, CDDP, GM-CSF, and IFN was performed.

#### **Abstract: None are OK!!!**

We report on a 82-10. man with HCC. The PIXHx included DXI, CXD, HXN, and poor QL. Laboratory tests, including RTXCR, EXSA, and HXC for HX, HX, and XV, were negative. Levels of AMT, AMT, and CMP were normal. X, XXI, and XP confirmed a diagnosis of HCC. Treatment with 5 CDP, GMCSF, and M was performed.

**Hate Abbr** 

### I hate abbreviations

- >• ≥ 25% of editing time
  - Looking up
  - Explaining
  - Removing
- > Japanese love abbreviations >>>

### Japanese writers love abbreviations

- Know and use abbreviation > full term
- Use every possible abbreviation
- Saves space and typing time
- Don't explain: "Everybody knows" meaning
- Abbreviations increase misunderstanding



### **Abbreviation rules**

- 1. What: Only standard abbreviations
   No single words (e.g., drug names)
  - 2. When: Only terms used ≥ 3 times (count in abstract and main text separately)
- 3. How: Explain all abbreviations at first use "computed tomography (CT)" (except SI units and those listed by journal)
  - 4. Abbreviations are not required. Use few!
    Reader understanding > your convenience

### 2. Inhumane language

### Is this language humane?

We report a 34-year-old Japanese male case with cancer we recently experienced. After being biopsied, he was diagnosed as being hepatocellular carcinoma. He was then resected and administered cisplatin.

### No, it is Inhumane

We report a 34-year-old Japanese male case with cancer we recently experienced. After being biopsied, he was diagnosed as being hepatocellular carcinoma. He was then resected and administered cisplatin.

### "Inhumane" Japanese medical writing

- Disrespectful and insensitive to patients
- Words used for patients are same as words used for diseases, animals, and treatments

### "See the patient, not the disease"





### Kanehiro Takaki The Jikei University's founder

- Basis for humane medical treatment
- Basis for humane medical writing
- —Patients ≠ diseases
- —Words for patients ≠ words for diseases, animals, and treatments

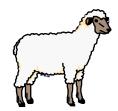
### "a 34-year-old case with cancer"

- Case = instance of disease
- a case of cancer
- a case with cancer
  - a case who has cancer
- Patient = person receiving care
- → a patient with cancer
  - → a patient who has cancer



### "The patient was a Japanese male"?

- Animals are "males" and "females"
- "Dolly the cloned sheep was a female."



Adult humans are "men" and "women"

(age  $\geq$  18 years)







### "Diagnose"

- Always refers to diseases/cases
- Diseases are diagnosed in patients
- > X Patients are not diagnosed
- Patients receive/are given diagnoses
  - Patients are found to have disease



### **Tests and treatments**

> X Patients are not:

administered drugs, biopsied, resected, x-rayed, or operated

Patients:

are given drugs or treated with drugs undergo treatment, biopsy, resection, x-ray examination, or operations



## X Inhumane Writing Patient words = Disease/treatment words

We report a 34-year-old Japanese male case with cancer we recently experienced. After being biopsied, he was diagnosed as being hepatocellular carcinoma. He was then resected and administered cisplatin.



## O Humane Writing Patient words ≠ Disease/treatment words

We report on a 34-year-old Japanese man with cancer we recently treated. After undergoing a biopsy, he received a diagnosis of hepatocellular carcinoma. He then underwent resection and was given cisplatin.



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### 3. The "scientific" style



### Is this good, modern writing?

- Prior to the initiation of chemotherapy, tumor debulking surgery was performed."
- "In order to facilitate the elucidation of the etiology of Rolfe's disease, an investigative study was undertaken by the authors."
- "It has been reported by Carlson et al that Okazaki syndrome is one of the most common causes of infertility."



## Boring, unclear, hard-to-read, old-fashioned "scientific" style

Special words/long phrases

- "Prior to the initiation of chemothera Long, complex debulking surgery was performed."
- "In order to facilitate the elucidation of the etiology of Rolfe's disease, an investigative study was undertaken by the authors."
- "It has been reported by Carlson et al that Okazaki syndrome is of of the most common causes of infertility."
   Lists of authors and reports

### Special words/Long phrases

#### **X** BAD

BETTER

- in order to
- elucidate
- prior to
- due to the fact that
- in a considerable number → often of cases
- in close proximity to
- one of the most common → a common tumor tumors

- $\rightarrow$  to
- → clarify
- → before
- → because

- $\rightarrow$  near

### Long, boring → Simpler, livelier

- A comparative study of the treatments was performed by the authors...
  - > → We compared the treatments...
  - A diagnosis of cancer was made.
    - → Cancer was diagnosed.
- There was a marked improvement in the 5-year survival rate.
  - → The 5-year survival rate markedly improved.



## If a previous finding is a fact, don't mention reporter or reporting

It has been reported by Tanaka et al that the FOLFOX protocol increases survival in Japanese patients with colorectal cancer (22).



The FOLFOX protocol increases survival in Japanese patients with colorectal cancer (22).

4. Plag

### 4. Plagiarism

### Recent Japanese research misconduct





### **Shigeaki Kato**

Data manipulation at Tokyo University 25 articles retracted so far

Haruko Obokata, Yoshiki Sasai Nature "STAP" cell article retracted Sasai committed suicide









Diovan (Valsartan)/Novartis

Jikei University *Lancet* article retracted for data manipulation

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### Plagiarism

"An author documents or reports ideas, words, data, or graphics, whether published or unpublished, of another as his or her own and without giving appropriate credit."

**Four types:** Direct plagiarism, paraphrase, mosaic plagiarism, insufficient acknowledgement

American Medical Association Manual of Style, 10th Edition, 2007.

Mosaic

### Mosaic plagiarism

- "Nice" words stolen
- No quotation marks
- Mix with own words
- Source cited/uncited



Stolen words easily identified during editing:

The patient was firstly operated and the successful prognosis has resulted but ultimately opted to forego the second stage of pharyngeal reconstruction.



### Insufficient acknowledgment

- Cite source but don't admit extent of taking
- Steal words (no quotation marks) and/or ideas
- Case reports:
  - Steal description, discussion, structure, and references of previous case report
  - Insert new details from your case
  - Cite source only as previous case



### Plagiarism of words and structure from cited case report with new details

#### Source report, 2002

A previously healthy 2-year-old girl presented to our outpatient clinic with a 2-hour history of vomiting, diarrhea, and irritability. She was afebrile. A tentative diagnosis of viral gastroenteritis was made on initial examination.

Shortly thereafter, a symmetrical generalized clonic seizure without cyanosis occurred, which lasted for 5 minutes, and ceased spontaneously. She retained consciousness immediately after the seizure subsided. Her physical examination including neurologic examination rem normal. Emergency laboratory tests included normal complete blood count, routine blood chemistry, and

urmarysis, nowever, blood glucose was elevated at 200 mg/ dL. A computed tomography scan of her head was normal. The test of her stool for Rotavirus antigen by enzyme immunoassay was negative.

She was admitted to our hospital for closer observation after her unexplained convulsion. One hour after admission, she vomited again. In her vomitus, we found some pieces of chewed ginkgo seeds. In reply to our inquiry, her parents revealed that she had eaten 50 to 60 pieces of roasted giargo seeds (Fig 1) 9 hours before presenting to our hostial. At this time, 2 hours after the seizure, we diagnosed probable girkgo seed poisoning and administered 30 mg/kg bod weight) of pyridoxal phosphate intravenously, and 4 mg (0.3 gastrointestinal symptoms or neurologic signs.

ASGO 2014 Seoul mg/kg) of diazepam rectally.

#### Plagiarized, 2006

A previously healthy 3-vear-old girl presented to the emergency unit of the X University Hospital with a 1-hour history of frequent vomiting and irritability. Shortly thereafter, an afebrile symmetrical generalized clonic seizure without cyanosis occurred, which lasted for 1 minute and ceased spontaneously. She regained consciousness 15 minutes after the seizure subsided. Results of physical examination, including neurologic examination, remained normal. Results of laboratory tests, including a complete blood count, routine blood chemistry, and urinalysis were normal. The patient's past history was unremarkable. On the basis of the initial examination, a tentative diagnosis of viral gastroenteritis with afebrile convulsion was made.

The patient was admitted to the emergency unit for closer observation after the unexplained convulsion. She was treated with 4 mg diazepam (0.26 mg/kg) rectally. In reply to our inquiry, the patient's mother revealed that she had eaten 50 to 60 roasted ginkgo seed 2 hours before presenting to the hospital. We diagnosed probably ginkgo seed poisoning and immediately administered 20 mg (1.33 mg/kg body weight) of pyridoxal phosphate orally After overnight observation, the patient was discharged without

## Literature review: structure, words, references from multiple cited sources

#### Sources, 1995-2011

#### Plagiarized, 2014

- 6. Yamada K, et al. *J Hand*Surg, 2011; 15E: 77-78.
- 4. Taras JS, et al. *J Hand Surg* 1995; 20A: 276-277.
- Fitzgerald BT, et al. J Hand Surg, 2005; 30A: 479-482.

Taras et al. first reported a case of rupture of the right flexor pollicis longus tendon in a 62year-old patient with trigger thumb four years fter two corticosteroid injections. This patient had a primary repair that failed by the rerupture of the tendon and was ultimately treated with a tendon transfer<sup>4)</sup>. Fitzgerald et al. secondly reported a case of rupture of the right middle FDP and FDS tendons in a 77-year-old patient with trigger finger thirteen months after two corticosteroid injections. This patient received a placement of a silicone rod as a tendon spacer, but finally opted to forgo the second stage of tendon reconstruction<sup>5)</sup>.

**Excuse** 



### **Excuse for Plagiarism?**

- "For those of us whose mother tongue is not English, using **beautiful sentences** from other studies...is not unusual."
- "Borrowing sentences...should not be seen as plagiarism."
- Letter from Ihsan Yilmaz, Çanakkale Onsekiz Mart University, Turkey (*Nature* 449,658;2007)

### Why do Japanese authors plagiarize?

- Medical students plagiarize
- Don't think they are "plagiarizing"
- Believe plagiarism is "victimless crime"
- "Everyone" plagiarizes
- Don't expect to be caught



### Plagiarism in Japan today

- Common: majority of papers?
- Under-recognized, and under-reported
- Some kinds easier to find, if you look
- Whose job to find plagiarism? Who has time?
- New world: all authors might be plagiarists?



# 5. The problem of the "Native Check"

## Examined papers published in Asian journals

- Journal of Korean Medical Science
- Journal of the Chinese Medical Association
- Chinese Medical Journal
- Journal of Gynecologic Oncology

Articles peer-reviewed and edited for publication



### Quality of writing in Asian journals

- Varied widely (within and among journals)
  - Worst: Basic errors of grammar/punctuation
  - Best: Superficially correct, level of educated native-speaking "layperson"
     Not at level of best Western journals
- Problems
  - Abbreviations, inhumane language, old-fashioned "scientific" style
- Numerous other style and usage problems



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## Style and usage problems not found in best Western journals

- Medical jargon: "patient was started on drug X," "pathology showed," "survival was impacted"
- Hyphens for prefixes: "pre-operative," "anti-cancer"
- Number usage inconsistent : "six of 22 patients"
- Incorrect word usage: "prognosis" (vs. "outcome"), "parameter" (vs. "variable"), "retrospective review"
- No spaces between numbers and units: "120mmHg"
- Wrong tenses: "Fig. 4 showed," past-tense conclusion



### Editing by "native check"

- Native English speaker checks grammar, punctuation, spelling, etc.
- Any native can do!
  - No training or knowledge needed
- Suggests authors know everything about biomedical writing, but aren't fluent in English



### "Native checkers"

lack knowledge, training, and confidence to make needed changes

### > Can't or won't fix:

- Inhumane language, abbreviations, oldfashioned "scientific" writing style
- Other style and usage problems
- Problems that most native speakers make



Raise

### To raise Asian writing standards

- Trained, specialist medical editors needed
- All writing must be edited
  - Avoid uncorrected "Boss's English"
- Good spoken English not enough
  - Dangerous "experts" who have studied abroad
  - Most native English speaker write poorly



### Conclusions

- Minimize abbreviations, explain all
- Patient words ≠ disease, animal, treatment words
- Don't use old-fashioned "scientific" style
- Learn correct, modern usage and style
- Don't plagiarize words, structure, or references
- Trained, specialist editors, not native speakers
- Thank you for your attention Any questions?