Abdominal Radical Trachelectomy (ART): What's the role in fertility-sparing surgery for cervical cancers?

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VERBAL DISCLOSURE

• The authors have no conflicts of interest to report.



Radical Trachelectomy (RT)

- 1. Vaginal: VRT
- 2. Abdominal: ART
- 3. Laparoscopic: LRT
- 4. Robotic: RRT



Eligibility criteria for VRT

- 1. A desire for future fertility.
- 2. A proven diagnosis of cervical cancer.
- 3. Squamous cell carcinoma, adenocarcinoma, or adenosquamous carcinoma.
- 4. Tumor size less than 2 cm.
- 5. Stage IA1 disease with lymph vascular space invasion, stage IA2 disease, or stage IB1 disease.
- 6. Tumor limited to the cervix as confirmed by preoperative pelvic magnetic resonance imaging (MRI).
- 7. No evidence of pelvic lymph node metastases.
- 8. No previous documentation of infertility.

Plante et al. Gynecol Oncol 120: 2011; Ramirez et al. Gynecol Oncology 110:2008

Eligibility criteria for ART

Suggested clinical eligibility criteria for radical abdominal trachelectomy

- 1. Confirmed invasive cervical cancer: squamous, adenocarcinoma, or adenosquamous
- 2. FIGO Stage IA2 to IB1
- 3. Age <45 years and strong desire to preserve fertility
- 4. No clinical evidence of impaired fertility
- 5. Lesion size ≤ 4 cm
- 6. Chest X-ray with no evidence of metastasis. At attending's discretion, preoperative MRI of pelvis+abdomen, or appropriate imaging protocol
- 7. 4–6 weeks post conization with adequate resolution of acute inflammation

RT/RH performed each year in FUSCC



Objectives

- To describe the surgical, oncologic, and fertility outcomes in 207 pts with ART at FUSCC
- questions
 - Is it safe for IB1 cervical cancer with Tumors ≥ 2 centimeters?
 - Which parametrium removed is more radical comparing ART with ARH?
 - On what scale does it benefit the patients if uterine arteries were preserved?

Study Design and Data Collection

- A retrospective review of a prospectively maintained database
- From 04/2004 to 06/2014, a total of 207 pts with cervical malignancies intended to undergo ART

Suggested eligibility criteria for ART

1. Confirmed invasive cervical cancer: squamous, adenocarcinoma, or adenosquamous

2.Tumor size less than 4 cm

3. FIGO stage IA1 disease with lymph vascular space invasion, or positive surgical margine and distorted cervicovaginal anatomy after conization; stage IA2 or IB1 disease.

- 4. Desire to preserve fertility.
- 5. Age \leq 45 years
- 6. Chest X-ray with no evidence of metastasis.

Suggested eligibility criteria for ART (Continued)

7. MRI with no evidence of pelvic lymph node metastases and confirmation of tumor limited to the cervix.

8. Patient is not proper candidate for a vaginal surgery (eg, pediatric/adolescent pts with cervical sarcoma)

9. Four to six weeks after previous conization with adequate resolution of acute inflammation

10. No clinical evidence of impaired fertility

LI J, ... WU XH. Gynecol Oncol 121, 2011

Patients Characteristic

Characteristic

| Median Age, years | (11-44,median 28.9) | | |
|--------------------------------------|------------------------------|--|--|
| Histology | 207 total cases | | |
| Squamous cell carcinoma | 168(80.2%) | | |
| Adenocarcinoma | 22(10.6%) | | |
| Adenosquamous | 9 (4.4%) | | |
| Sarcoma | 10 (4.8%) | | |
| FIGO Stage for Cervical Cancer Group | 197 cases of cervical cancer | | |
| IA1(with LVSI/positive margin) | 43 (21.8%) | | |
| IA2 | 19 (9.6%) | | |
| IB1 | 135 (68.6%) | | |
| Tumor size<2cm | 44 (22.3%) | | |
| 2cm ≤Tumor size≤4cm | 91 (46.3%) | | |

Oncological Results

- 16 pts converted to RH (Radical Hysterectomy)
- 5 (5/207, 2.4%) recurrence so far (median follow-up: 42.3m)

| | Case 1 | Case 2 | Case 3 | Case 4 | Case 5 |
|-------------------------------|---|---|---|---|---|
| Histology | adenosqua mous | adenosquam ous | squamous | Adenocarci noma | Adenocarci noma |
| Tumor size | ≥2cm | ≥2cm | <2cm | ≥2cm | <2cm |
| Recur-free survival | 39m | 24m | 28m | 19m | 11 |
| Treatment of recurrence | Salvage surgery+ chemoradi ation | Salvage surgery+ chemoradiati on | Salvage surgery+ chemoradiat ion | Salvage surgery+ chemoradiat ion | Salvage surgery+ chemoradi ation |

Obstetric Outcome

- 55 ptes attempted to conceive
- Nine (9/55, 16.4%) ptes have become pregnant
- Three employed assisted reproductive techniques
- Six delivered by cesarean section at 27-39 weeks (1 at 27w and the other 5 at 37-39w)
- Two ptes miscarriaged at 10 and 13 weeks, respectively

Tumor size ≥ 2 cm was

statistically significant for the

risk of recurrence

Plante and Dargent et al./ Gynecol Oncol 2004;94(3):614–23. &Bull Cancer 2002;89(12):1027–30) Most experiences are from VRT, ART could remove wider parametrial tissue than that of VRT

Saso S, et al. / BJOG 2012;119:187–193.

Is ART Safe for IB1 Cervical Cancer with Tumor ≥ 2 Centimeters ?



LI J., WU XH, et al. Gynecol Oncol 131(1), 2013

ORIGINAL STUDY

Expanding the Indications for Radical Trachelectomy A Report on 29 Patients With Stage IB1 Tumors Measuring 2 to 4 Centimeters



Stephanie L. Wethington, MD,* Yukio Sonoda, MD,*† Kay J. Park, MD,‡ Kaled M. Alektiar, MD,§ William P. Tew, MD,†// Dennis S. Chi, MD,*† Mario M. Leitao, Jr, MD,*† Elizabeth L. Jewell, MD,*† Richard R. Barakat, MD,*† and Nadeem R. Abu-Rustum, MD*†

110 pts for planed RT; Age 31 y; 83% nulliparous
13 squamous,12 adenocarcinoma, 4 adenosquamous
13 PLNM (45%)
29 (26%) pts with tumor measuring 2-4cm
13 (45%) Converted to RH, 7 (24%) underwent chemoradiation
9 (31%) preserved their fertility
No recurrence was observed at a median follow-up of 44m

Expanding RT inclusion criteria to women with 2 to 4 cm tumors allows for a fertility-sparing procedure in 30% of patients who would otherwise have been denied the option, with no compromise in oncologic outcome.

ORIGINAL STUDY

Use of Abdominal Radical Trachelectomy to Treat Cervical Cancer Greater Than 2 cm in Diameter

Balazs Lintner, MD,* Srdjan Saso, BSc, MRCS,† Laszlo Tarnai, MD,* Zoltan Novak, MD,* Laszlo Palfalvi, PhD, MD,* Giuseppe Del Priore, MD, MPH,‡ J. Richard Smith, MD, FRCOG,§ and Laszlo Ungar, PhD, MD*

45 pts with tumor>2 cm; IB1-2; 32 yo ; 17 squamous, 4 adenocarcinoma, 5 adenosquamous 31(69%) underwent RT; 14 (31%) underwent RH Follow-up: 90 months 5-y OS : 93.5% (29/31) ; 5-y DFS: 87.1% (27/31)

The 5-year survival (93.5%) for this series is equal (or better) to rates reported in the literature for patient treated with RH. The data seem to support the hypothesis that ART is a safe treatment option for patients with invasive cervical cancer lesions of more than 2 cm.



Summary 1

- ART is safe for selected patients with IB1 cervical cancer whose tumor ≥ 2 cm and < 4cm
- Pts with adenosquamous cancer ≥ 2 cm may carry certain risk of recurrence after ART
- 1/3 of those patients underwent adjuvant chemo

LI J., WU XH, et al. Gynecol Oncol 131(1), 2013

Does ART remove as similar parametrial tissue as ARH?

Choice and Grouping

- >18 years or older
- After biopsy, conization or LEEP
- Invasive epithelial cervical carcinoma
 - (Squamous, adenocarcinoma, and adenosquamous carcinomas)
- Stage IA1 with LVSI or positive margin, Stage IA2, IB1(tumor size <4 cm),
- No evidence of metastasis on MRI, PET-CT, or CT.



Surgical and Pathological Outcomes

ART: n= 47

ARH: n= 105





The lengths of ligament and vagina removed was fixed and measured

Zhang DD...Wu XH. Int. J Gynecol Cancer, 2014

Pathologic results of the trachelectomy and hysterectomy specimens with bilateral

parametrial measurements by the pathologists.

| | ART (<i>mm</i>) | ARH (<i>mm</i>) | P value |
|---------------------------------------|--------------------------|--------------------------|---------|
| Medial gross length (average) | 44.08±17.52 | 44.96±20.77 | 0.432 |
| Left | 45.49±18.20 | 43.48±17.27 | 0.649 |
| Right | 44.79±22.28 | 45.03±20.20 | 0.246 |
| Medial histologic length | 25.74±5.24 | 26.09±5.11 | 0.361 |
| Medial vesicouterine ligaments length | 3.85±1.76 | 4.01±2.06 | 0.647 |
| Medial uterosacral ligaments length | 13.30±4.86 | 12.88±4.51 | 0.605 |
| Medial vaginal length | | | |
| 12 o'clock | $17.34{\pm}6.27$ | $17.47{\pm}5.92$ | 0.904 |
| 3 o'clock | $21.53{\pm}5.76$ | $21.27{\pm}~4.65$ | 0.761 |
| 9 o'clock | 22.21 ± 5.41 | $22.11{\pm}4.78$ | 0.906 |
| 6 o'clock | 24.43 ± 7.41 | $24.80{\pm}6.07$ | 0.743 |

Three-segment Technique:

Parametrial Lymph nodes



Uterine Isthmus

Middle Proximla

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| | ART (n), Median (Range) | ARH (n), Median (Range) | Р |
|-------------------------|-------------------------|-------------------------|-------|
| Total lymph node | 18 (7–34) | 24 (8–54) | 0.013 |
| PLN | | | |
| Left | 6 (2–12) | 7 (2–20) | 0.007 |
| Right | 5 (1–13) | 8 (1-17) | 0.001 |
| Common lilac lymph node | | | |
| Left | 3 (1–9) | 3 (1–15) | 0.941 |
| Right | 3 (1–10) | 3 (1–12) | 0.633 |
| PMLN | | | |
| Total | 1 (0–11) | 2 (0–17) | 0.180 |
| Left | 1 (0-4) | 1 (0-6) | 0.079 |
| Right | 1 (0–5) | 1 (0-6) | 0.131 |
| Uterosacral | 0 (0–2) | 0 (0–3) | 0.847 |
| Vesicouterine | 0 (0–1) | 0 (0–2) | 0.969 |
| Size, mean (SD), mm | 2.54 (1.80) | 3.53 (2.83) | 0.190 |
| Inner region, n (%) | 63/86 (73.26) | 212/301 (69.51) | |
| Medial region, n (%) | 16/86 (18.60) | 58/301 (19.27) | |
| Lateral region, n (%) | 6/86 (6.98) | 31/301 (10.30) | |

| TABLE 3. Pathologic resu | ilts of the trachelecton | ny and hysterectom | y median lyn | nph node count |
|--------------------------|--------------------------|--------------------|--------------|----------------|
| | | | | |

PMLN:ART:80.9%vsARH:96.3%Proximal:73.3%vs69.5%

Summary 2

- Using standardized techniques, ART provides similar surgical and pathological outcomes as ARH.
- For the patients with tumors of 2 cm or greater, PMLNs should be examined carefully.

Zhang DD...Wu XH. Int. J Gynecol Cancer, 2014



From Dr. Sonada

On what scale does it benefit the patients if uterine arteries were preserved?

Relatively large tumore

- Sacrifice uterine arteries
- Keep round ligament intact



Patients and CTA scanning

- From Jun. of 2012 to Mar. of 2013
- 26 consecutive post-ART patients included from the out patient service
- CTA scan mainly 6 months post-operatively
- Analysis the 3D reconstructed results





Grouping by Supplying patterns

Ovarian arteries supplying group

Hybrid supplying group

Uterine arteries supplying group



65.4%

26.9%

7.7%

2 pregnancies

1 pregnancy

0 pregnancy

Tang J. ... Wu HX. Gynecologic Oncology 134: , 2014

Summary 3

- The ovarian artery became the dominant supplying vessel after ART.
- the contributing uterine artery did not show any functional superiority.
- the benefit of preserving the uterine arteries during ART is probably very limited.

Acknowledgments

Drs. J. Li, J. Tang, D. Zhang, X. Ju, X. Han, Z. Li, H. Wang, R. Zang, H. Ge, S. Wang



Thank you for your attention





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